



Bestwest Care

RTO 51585

Manual Handling

Half day course



Learn or Refresh your Manual Handling Skills with Confidence!

Industry Expert Trainers ✓

Half-day theory and practical training ✓

Individual or Group Bookings Available ✓

Special Manual Handling and CPR Bundles available ✓

Manual Handling provides you with the skills and knowledge to participate in safe-work practices in caring directly for clients within nursing, aged care and community or home environments.

Learn how to maintain safety and wellbeing support for both the client and worker.

We cater for a range of other industries. Enquire with our staff.



Course Overview

Topics covered in this course:

- ✓ Theory of Safe Manual Handling
- ✓ Safe Manual Handling Techniques
- ✓ Use of Hoists
- ✓ Use of Slide Sheets
- ✓ Assist with Ambulation
- ✓ Follow the Mobility Care Plan
- ✓ Transfers Bed to Chair
- ✓ Transfers Car to Chair
- ✓ Falls Management
- ✓ Use of Policies and Procedures



Fees

\$125 per person

*Discounts apply for bookings
of 10+ attendees.*



Group Bookings

Group Bookings with our
Expert Trainers are available
at your workplace (dependent
upon required facilities).

Chat to our friendly team:

(08) 9439 1673

admin@bestwestcare.net.au



Class Dates

Classes held 9am to 12:30pm:

(Excluding public holidays)

- Every Thursday
- Fortnightly Mondays



Class Venue

Unit 8 / 40 Meares Ave

Kwinana, WA, 6167

Close to public transport.



Apply Now!

Scan the QR code
for more info:

BUNDLE OFFER

Looking to do Manual Handling and CPR?

Manual Handling + HLT AID009 Provide Cardiopulmonary Resuscitation (CPR)
can be completed in one day, 9am to 3pm. Or split between two half days.

\$185 - Special Bundle

\$155 - Nursing Student Special Bundle

