

Manual Handling

Half day course



Every Monday

Course Dates

8:45am to 1pm

(excluding public holidays)

Monday 1 Sept 2025 Monday 8 Sept 2025 Monday 15 Sept 2025 Monday 22 Sept 2025 Monday 6 Oct 2025

Monday 13 Oct 2025

Monday 20 Oct 2025

Chat to our friendly team: (08) 9439 1673 admin@bestwestcare.net.au

\$120 per person

- (4) Theory of Safe Manual Handling
- (4) Safe Manual Handling Techniques
- Use of Hoists
- Use of Slide Sheets
- (4) Assist with Ambulation
- (v) Follow the Mobility Care Plan
- (4) Transfers Bed to Chair
- (V) Tranfers Car to Chair
- (V) Falls Management
- (V) Use of Policies and Procedures

Learn or refresh your skills

Manual Handling provides you with the skills and knowledge to participate in safe-work practices in caring directly for clients within nursing, aged care and community or home environments. Learn how to maintain safety and wellbeing support for both the client and worker.

We cater for a range of other industries. Enquire with our staff.



Course Delivery

Half-day of theory and practical training. Certificate of Participation is provided upon completion.



Group Bookings

Book a group at either your workplace with one of our qualified and industry-skilled trainers, or book a room at Bestwest Care **Training Rooms.**

Looking to do Manual Handling and CPR?

Manual Handling + HLTAID009 Provide Cardiopulmonary Resuscitation (CPR) can be completed in one day, 8:45am to 3:30pm. Or split between two half days.

\$180 - Special Bundle

\$150 - Nursing Student Special Bundle

Apply Now! via our QR code below:

