

Manual Handling

Half day course



Course Dates

Every Monday

8:30am to 12:30pm

(excluding public holidays)

Monday 12 January 2026

Monday 19 January 2026

Monday 2 February 2026

Monday 9 February 2026

Monday 16 February 2026

Monday 23 February 2026

Monday 2 March 2026

Learn or refresh your skills

Manual Handling provides you with the skills and knowledge to participate in safe-work practices in caring directly for clients within nursing, aged care and community or home environments. Learn how to maintain safety and wellbeing support for both the client and worker.

We cater for a range of other industries. Enquire with our staff.



Course Delivery

Half-day of theory and practical training.

Certificate of Participation is provided upon completion.



Group Bookings

Book a group at either your workplace with one of our qualified and industry-skilled trainers, or book a room at Bestwest Care Training Rooms.

Chat to our friendly team:
(08) 9439 1673
admin@bestwestcare.net.au

\$120 per person

- ✓ Theory of Safe Manual Handling
- ✓ Safe Manual Handling Techniques
- ✓ Use of Hoists
- ✓ Use of Slide Sheets
- ✓ Assist with Ambulation
- ✓ Follow the Mobility Care Plan
- ✓ Transfers Bed to Chair
- ✓ Transfers Car to Chair
- ✓ Falls Management
- ✓ Use of Policies and Procedures

BUNDLE OFFER

Looking to do Manual Handling and CPR?

Manual Handling + HLTAID009 Provide Cardiopulmonary Resuscitation (CPR) can be completed in one day, 8:45am to 3:30pm. Or split between two half days.

\$180 - Special Bundle

\$150 - Nursing Student Special Bundle

Apply Now!
via our QR code below:

