

# Provide First Aid



## Learn or Refresh Your First Aid Skills

- Industry Expert Trainers ✓
- Includes Life-Saving CPR Training ✓
- Individual or Group Bookings Available ✓
- Nationally Accredited Unit of Competency ✓

**HLTAID011 Provide First Aid** equips you with the skills and knowledge to deliver effective first aid responses including life-saving CPR. This course is suitable for workplace requirements and members of the public who wish to gain these valuable first aid skills.

**Individual or Group Bookings available.** Attend one of our classes at Bestwest Care, or book a trainer to come to your workplace. Discounts apply for bookings of 10+ attendees.

### Course Delivery

- 1 day of classroom training
- Plus pre-course theory

### Class Dates

Book one of our classes held:  
**Fortnightly Wednesdays**  
**8:45am - 4:00pm**  
(Excluding Public Holidays)

### Fees

**\$170 per person**

Chat to our friendly team:  
(08) 9439 1673  
[admin@bestwestcare.net.au](mailto:admin@bestwestcare.net.au)

### Topics

- ✓ Hazard Assessment/Risk Management
- ✓ Airway, Breathing and Responsiveness
- ✓ Safe Manual Handling Techniques
- ✓ Cardio Pulmonary Resuscitation
- ✓ Using an Automated External Defibrillator
- ✓ Allergic reactions including anaphylaxis
- ✓ Asthma
- ✓ Basic wound care
- ✓ Severe bleeding
- ✓ Burns
- ✓ Cardiac arrest
- ✓ Choking and airway obstructions
- ✓ Convulsions
- ✓ Snake bites
- ✓ Fractures, sprains and strains
- ✓ Poisoning
- ✓ Respiratory distress
- ✓ Shock
- ✓ Incident reporting
- ✓ Respond to an emergency situation



**Apply Now!**  
via our QR code:



First Aid is recommended to be renewed every 3 years, and CPR every 12 months