



**Bestwest Care**

RTO 51585

# Manual Handling

Half day course



## Course Dates

**Every Monday**

**8:45am to 1pm**

(excluding public holidays)

**Monday 22 Jul 2024**

**Monday 29 Jul 2024**

**Monday 5 Aug 2024**

**Monday 12 Aug 2024**

**Monday 19 Aug 2024**

**Monday 26 Aug 2024**

**Monday 2 Sept 2024**

**Monday 9 Sept 2024**

**Monday 16 Sept 2024**

**Enrol by phone or email  
to secure your spot!**

## Learn or refresh your skills

Manual Handling Refresher provides you with the skills and knowledge to participate in safe-work practices in caring directly for clients within nursing, aged care and community or home environments. Learn how to maintain safety and wellbeing support for both the client and worker. *We cater for a range of other industries. Enquire with our staff.*



### Course Delivery

Half a day of theory and practical training in person.  
Certificate of Participation is provided upon completion.



### Group Booking Discounts

Group discounts of 10% off are available for a minimum of 10+ attendees. Book a group at either your workplace (depending on facility requirements), or at Bestwest Care Training Rooms.

**BUNDLE OFFER**

## Looking to do Manual Handling and CPR?

Manual Handling + HLTAID009 Provide Cardiopulmonary Resuscitation (CPR) Bundles can be completed in one full day, 8:45am to 3:30pm. Or split between two half days.

**\$160 - Special Bundle**

**\$140 - Nursing Student Special Bundle**

- ✓ Theory of Safe Manual Handling
- ✓ Safe Manual Handling Techniques
- ✓ Use of Hoists
- ✓ Use of Slide Sheets
- ✓ Assist with Ambulation
- ✓ Follow the Mobility Care Plan
- ✓ Transfers Bed to Chair
- ✓ Transfers Car to Chair
- ✓ Falls Management
- ✓ Use of Policies and Procedures